



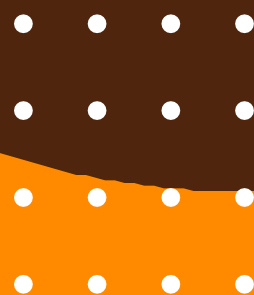
Commission for the Family Episcopal
Conference of Indonesia



GIFTS OF AGES

SENIOR IN PARISH' LIFE

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Situation of elderly in Indonesia

Criteria of elderly

- Older person aged 60 and above Retirement
- age for employee is 56 year old

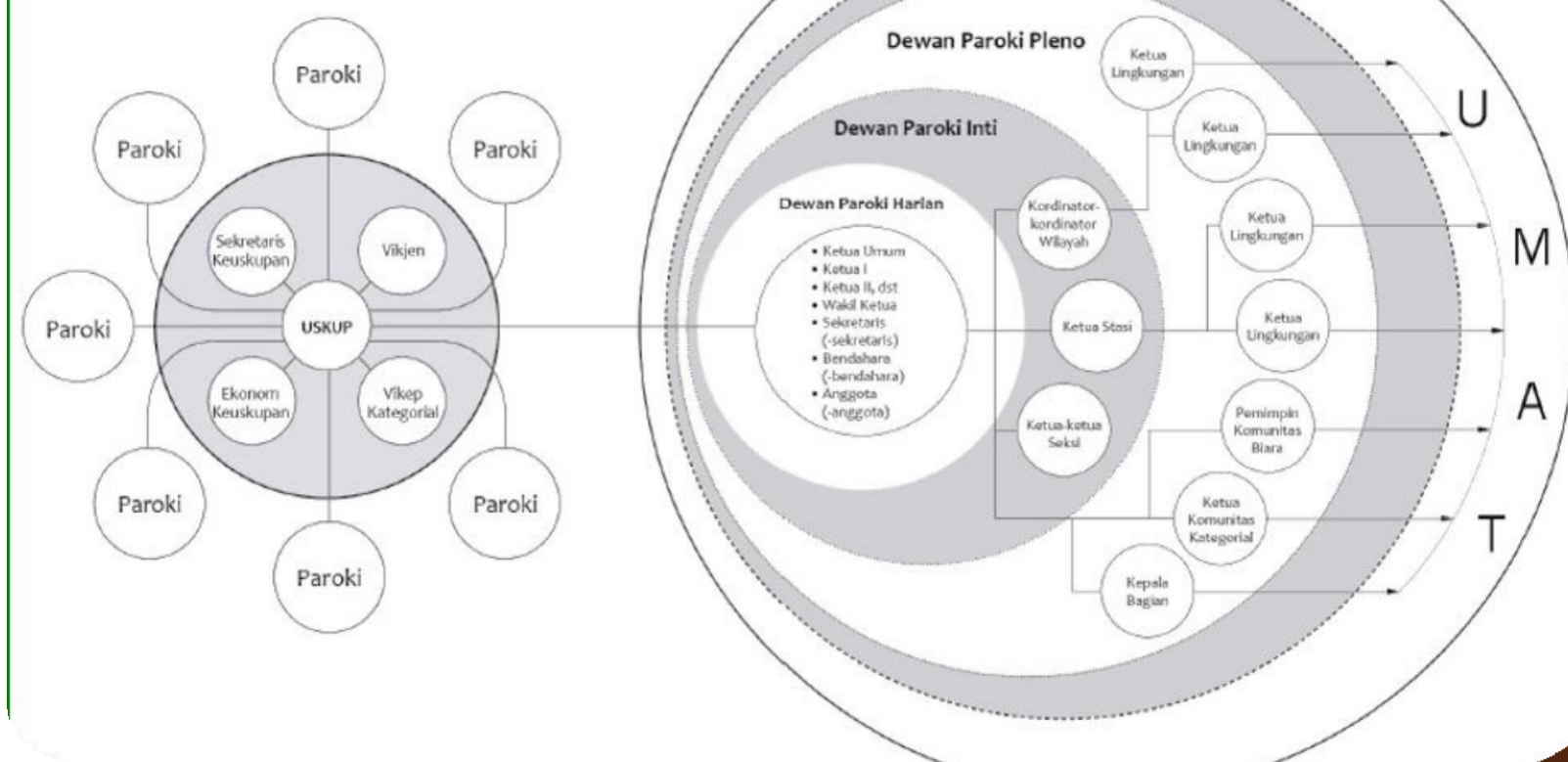
Demographic Trend

- by 2023, it is estimated that the elderly population reach around 11,75% of total population
- by 2050, it will be increased to 25%. of the total population.
- Catholic Faithful: 20 % are elderly

Health and Social Protection Programs

- Many elderly still struggle with economic hardship - insufficence retirement fees. Depend to their children to take care of them.
- Lack of health and social protection programs.





Paticipation of seniors in parish counsel

- Pastoral for seniors belong to *longlife faith formation section*,
- The senior group belong to the *koinonia* section : simeon-hanna, st monica, st joseph, adiyuswa, yoakhin-anna etc.

About 2/3 Parish counsels + ministers are seniors (56<), They dedicate their time and focus on church services and social activities



- The role of the Parish Priest is very important for the life of this group This
- group also has a high willingness to support and assist the Parish Priest in carrying out his ministry duties.

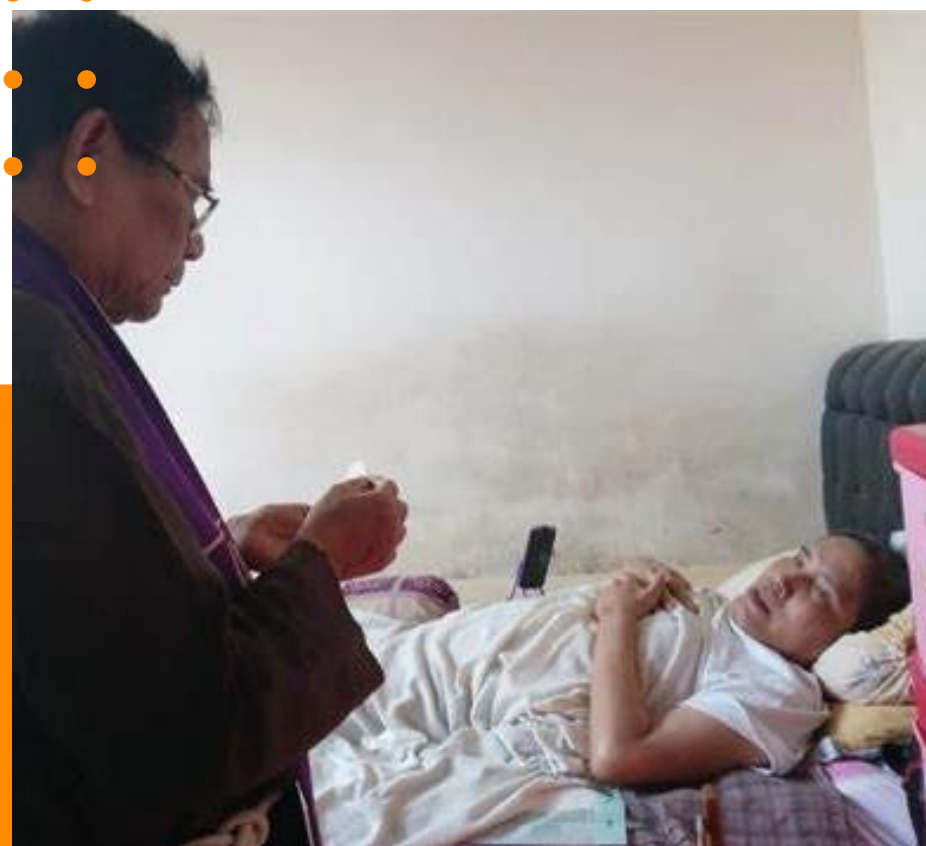
Routine program of Parish Senior's Group



Various groups of elderly in parishes normally have particular meeting every month, specially for the healthy senior

- **Monthly Mass : birthday or special intention - party**
- **Short Retreat - Recollection Word**
- **and Share : advent & lent**
- **Pilgrimage to Marian shrines in May and October**
- **Social solidarity: visit to the elderly residence; basic need assistance etc**
- **Meditative Gym - Saturday Morning after the morning mass.**
- **Seminars about senior life- health / self care**
- **Choir Service in Sunday Mass**

That meetings have been a joyful moment for them. They don't feel alone and they are still be a gift for others.



Parish Services to the needed & sick seniors

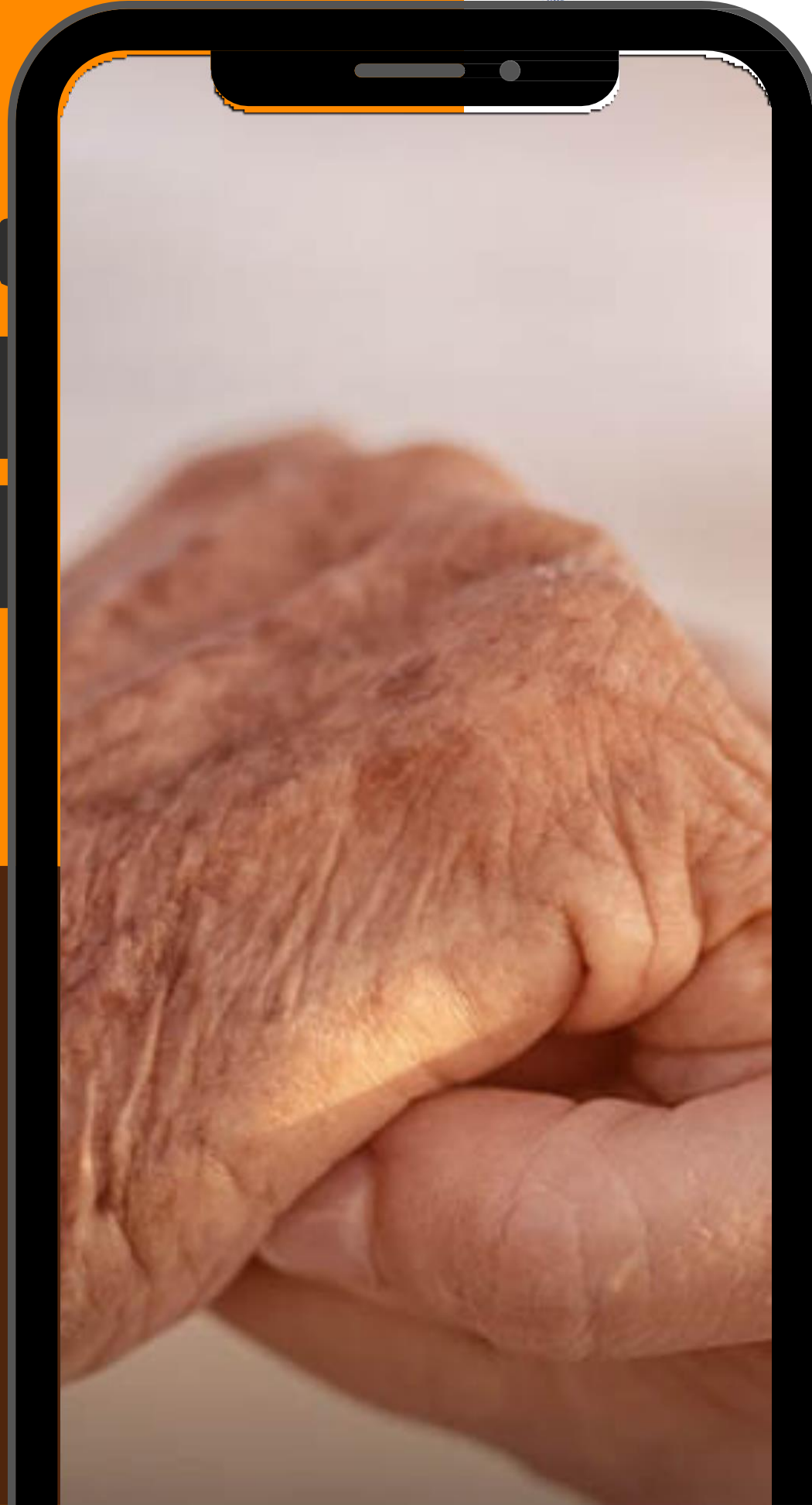
Parish Church provide the sick and dependent senior with some services

- Sunday Communion for the sick elderly in houses by extraordinary assistance.
- Family Visit by parish priests and Basic Community Tim/Coordinator
- Mass of the Day of the sick -
- Sacrament of Reconciliation -
- Anointing of the Sick at home during advent & lent.
- Economic Charity
- Health Assistance in parish every sunday in parish n home visit
- Special Mass: in Easter Sunday Evening.
- etc.



cross-generational extended family gathering

- Majority Indonesian seniors live with their own family .
- Family Tradition: annual gathering of the extended family
 - Interreligious gathering. “*Reunite the scattered bones*” caring the root and family bond.
- Key of big family reunion refers to their inspirative & respected ancestors.
- Activity
 - recreation - party
 - intergeneration games
 - sharing - praying
 - solidarity on the upcoming annual family agenda



Senior: A gift of Love

When they are healthy and still have a power, they
teach us what is a selfgiving love in their lack,
and when they are sick and debil, they teach us how to
love them unconditionally as God loves us.

*Even in old age they still bear fruits
(Mzm 92, 14)*

